

Advisory Committee

Sri Dwarka Nath Acharya

Strategic Advisor, SPFT, Mysuru

Sri G. L. Vishwanath

Senior Advocate, Bengaluru; Legal Advisor, SPFT, Mysuru

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BAMS, MD, DAO, Mysore

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Secretary, IYA Karnataka, Bengaluru

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Principal, ATME College of Engineering, Mysuru

Dr. Subramanya

Principal, RVCE, Bengaluru

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Principal, VVIE, Mysuru

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MD, Dathathreya Integrated Holistic Healthcare, Kanjoor, Kerala

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KSPP, Patanjali Yogpeeth, Hubballi

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Founder President of Chaitanya Yoga Kendra

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Sri Ravi Shankar Financial Advisor, SPFT, Mysuru

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Ms. Sheetal Soni Manager, SPFT, Mysuru

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Mr. Kushal Student, ATMECE, Mysuru

Sri MSS KUMAR Ex Syndicate Member Mysore VV

With the Divine Blessings of



Sri Jagadguru Shivarathri
Deshikendra Mahaswamiji
Suttur Math, Mysuru



Sri Vishwprasanna
Teertha Swamiji
Adokshaja Sri Pejawara Matha, Udupi

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Padmashree Awardee,
Founder, S-VYASA, Bengaluru



Vaidyaratnam
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Chairman, Dathathreya Hospital,
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Dr. K. Subrahmanyam
Ex Chancellor, S-VYASA,
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Neurosurgeon, Bengaluru;
Founder, Yoga University Of Bharath
Medical Science Advisor, SPFT, Mysuru



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Haridwar Uttarakhand



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Physician, Mysuru



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Retd. HOD bioscience,
Chairperson Genetics, Bangalore



Dr. Bhavya HB
Medical officer. Ayush dept.
Tumkur

Welcome to All



Organised by
Scientific Pranayama Foundation Trust (R), Mysuru

In collaboration with
ATME College of Engineering, Mysuru

In association with



RV College of Engineering, Bengaluru &
Indian Yoga Association (IYA), Karnataka
AYUSH Department Mysore

Two Day
National Conference on Pranayama-
Bharat 2026

*"Pranayama is India's timeless science of breath—
awakening clarity, vitality, and inner peace."*

12th & 13th
March 2026



9:00am
onwards



ATME College of Engineering,
Mellahalli, Bannur Road, Mysuru - 570 028

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QR Code Payment



QR Code Registration

About the Organizers

Scientific Pranayama Foundation Trust®, Mysuru

Established in 2023, the Scientific Pranayama Foundation Trust® (SPFT) was founded by Dr. Devaki Madhav, an internationally recognized Pranayama scientist, psychologist, Ph.D. holder in Yoga Pranayama, and Life Member of the Indian Yoga Association. Under her leadership, SPFT® is dedicated to advancing the well-being of humanity by spreading the scientifically validated benefits of pranayama.

The Trust has conducted hundreds of free workshops across India and abroad, sharing the transformative power of breath through medically proven examples and evidence-based practices. SPFT® integrates ancient yogic knowledge with modern scientific research, making pranayama accessible, practical, and relevant for people from all walks of life.

Aim: To promote widespread awareness of Scientific Pranayama as a powerful tool for physical health, emotional resilience, mental clarity, and overall well-being. SPFT® upholds an inclusive mission—serving individuals of all ages, backgrounds, and communities—while actively contributing to mental health and wellness through structured, research-backed pranayama techniques.

About ATME College of Engineering, Mysuru

Established in 2010, ATME College of Engineering is approved by AICTE, New Delhi, and affiliated with VTU, Belagavi. The college offers 10 UG programs, 2 PG programs (MBA & MCA), and doctoral programs. The research centres recognised by VTU have got around ₹ Rs 5 crores funding and have 25+ global collaborations.

ATMECE holds NAAC A+ accreditation—one among 47 engineering colleges in India to receive this in the first cycle. It is ISO 9001:2015 certified and has received titles such as “Best Emerging Private Engineering College” and “Most Promising Upcoming College in Karnataka.” Key Recognitions: QS I-Gauge Gold Ranking, NABL certification, Swachh Institute Listing, R World SII-Green India Silver Band.

About RV College of Engineering (RVCE), Bengaluru

Founded in 1963, RVCE is one of India's premier self-financing engineering institutions. Located on a 16.85-acre green campus on Mysuru Road, it offers a conducive environment for world-class academics and research. The college offers 12 UG, 16 PG, and doctoral programs, and is recognized for innovation, sustainability, and outcome-based education.

Core Values: Professionalism, Integrity, Teamwork, and Innovation.

Registration Details

Delegates: ₹ 500 - Paper Presenters: ₹ 2000

Contact: Seetha Ramesh - 93412 02292 /

Chandrika Varna-95351 33336 / Mythri -77029 28854 /

Shylaja 94487 50548 / Vijayalakshmi 99001 50619 /

Hema Sheshadri - 98805 41151 / Poornima - 97419 58118 /

C V Prakash - 94806 00849 / Shobha Kamath - 94819 56947

devakimadhav@gmail.com

About the conference

The National Conference on Pranayama – Bharat 2026 is a heartfelt celebration of the science and spirit of Pranayama, deeply rooted in the transformative discipline of Science of Pranayama.

This vibrant gathering brings together practitioners, researchers, Doctors and wellness enthusiasts to breathe consciously, connect deeply and elevate harmoniously.

Through guided sessions, insightful talks, and healing practices, the conference aims to enhance mental clarity, physical vitality, and holistic well-being

Objectives

- Deepen understanding of the science and practice of Pranayama in the modern era.
- Highlight its physical, mental, and emotional health benefits, including stress reduction and mental clarity.
- Present research-based insights and practical techniques for holistic wellness and daily well-being.
- Promote simple, effective pranayama practices that can be integrated into everyday routines.
- Encourage academic growth, knowledge sharing, and collaboration among experts, researchers, students, and practitioners.

Poster Presentation

National Poster Presentation Competition on Pranayama

Featured Highlights

Cultural Programme

Display of Scientific Pranayama Publications

Theme for paper presentation

Title

“The Impact of Pranayama Practice on Physical and Mental Health in the Modern Era”

Subtitles

For Paper Presentation, but Not Restricted To...

1. Bridging Ancient Pranayama Wisdom with Modern Evidence-Based Living
2. The Science Behind the Secret of Pranayama
3. Pranayama from the perspective of Indian Knowledge Systems

For manuscript template and other details please visit SPFT website <https://scientificpranayama.co.in/>

The accepted papers

shall be published in Google Scholar Indexed journals.

Last Date for Submission of Paper with Abstract
8th Feb 2026

Intimation of Approval for Paper Presentation
18th Feb 2026

Last Date for Registration
28th Feb 2026

Chief Patrons



Dr. Devaki Madhav

Founder President

Scientific Pranayama Foundation Trust (R),
Mysuru, Karnataka



Sri L. Arun Kumar

Hon. Chairman

ATME College of Engineering,
Mysuru, Karnataka

Patrons



Sri Abhimaan Madhav

Principal Trustee, SPFT, Mysuru



Smt. N.R. Seetha Ramesh

Secretary, SPFT, Mysuru



Sri K. Shivashankar

Secretary
ATME College of Engineering
Mysuru



Sri R. Veeresh

Treasurer
ATME College of Engineering
Mysuru

Conveners



Dr. Bhagyashree

Dean Research, Professor
Department of ECE, ATMECE, Mysuru



Dr. D.V.S.S.R. Prakash

Principal, Administrative
Management College, Bangalore



Sri Sheshadri

Rtd. CTO Future group
Technical Advisor, SPFT, Mysuru

“A breath-based celebration like no other
— deeply healing and profoundly joyful.”