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To  
The Principal  
ATMECE

Date : 30-10-2025

## Report on Awareness Program on General Health and CPR Training



As a part of the \*\*Student Induction Program 2025-26\*\*, an \*\*Awareness Program on General Health and CPR Training\*\* was organized for the engineering students on 17th October 2025 in the College Auditorium.

The awareness session was conducted by Dr.Santhosh, DRM Hospital, Mysuru. The objective of the program was to create awareness among students about maintaining good physical and mental health and to equip them with basic life-saving skills. Dr. Santhosh highlighted the importance of regular exercise, balanced diet, stress management, and preventive healthcare. He also demonstrated \*\*Cardiopulmonary Resuscitation (CPR)\*\* techniques, explaining how timely first aid can save lives during medical emergencies.

The event was coordinated by Mr. Chandrashekhar C, Mrs. Leelavathi C.R., Faculties, Department of Humanities were associated. The session concluded with a vote of thanks, appreciating Dr. Santhosh for his insightful and practical demonstration that encouraged students to adopt healthy habits and learn essential emergency response skills.



Chandrashekhar C

Event Coordinator & Faculty- Humanities.

TO

IQAC/ Web site

 30/10/25