



A report on "Food-Planet-Health"

Place: Online Platform Date: 26th March 2025 Time: 05:30 pm to 06:30

National Service Scheme (NSS) Unit of ATMECE in collaboration with NSS Unit of VTU and Vegan Outreach (International Non-Governmental Organization) organized a webinar on the topic "Food-Planet-Health". It was organized with the objective of highlighting the complex relationship between food, our planet Earth and human health and also to motivate the youth towards serious issues like animal abuse, exploitation and emergence of zoonotic diseases.

Vegan Outreach India collaborated with universities across India to host educational webinars, engaging over 7,000 students and achieving 92.5% agreement on the need to change diets for animal, planet, and health reasons.

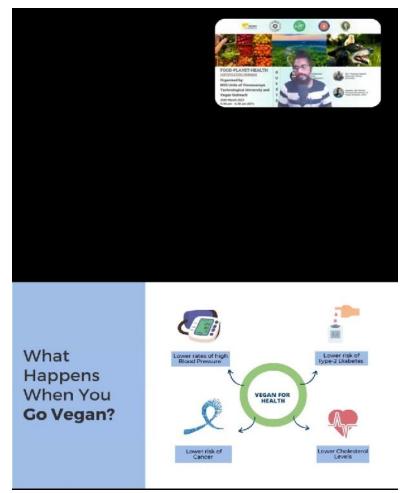


On this occasion, the key speaker of the webinar Ajit Karkera of Vegan Outreach, highlighted in detail the impact of food on the environment, human health and animals. He said that one can stay more healthy by getting all the nutrients one needs from plant-based food. Also, problems like climate change, extinction of species, deforestation, starvation etc. can also be reduced.

In the webinar, Dr. Kadagadakai, NSS Program Coordinator, VTU, Belagavi said that today there is a need that people should practice to adopt a plant-based lifestyle to protect our health and animals. He stressed that this will strengthen environmental protection and we will also be able to make the future better and safer.







In this program, volunteers of the National Service Scheme participated enthusiastically. The participants also got their doubts related to the topic resolved from the experts. Participant asked questions on how to convert people in the world towards plant-based food and expressed his desire to work on this campaign himself. Through this webinar, the volunteers were motivated to eliminate the prevalent inhumane practices towards animals and birds. Along with this, they also got a deeper understanding of the use of hormones and genetic modification in food production.

Around 262 students of ATMECE have attended the webinar on the topic "Food-Planet-Health". The program was coordinated by Mr. Rudresh A N, NSS Program Officer under the guidance of Dr. L Basavaraj, Principal, Dr. Srinivasa S, Dean-Student Affairs, ATMECE.