



# A T M E

College of Engineering



NBA  
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Affiliated to VTU, Belagavi; Approved by AICTE, New Delhi and Recognised by Government of Karnataka  
Programs accredited by NBA, New Delhi - CV, EC, EE & ME (Validity: 2019-20 to 2021-22)

09.11.2021

## Webinar Report

The Women Cell, ATME College of Engineering (ATMECE), Mysuru in association with AFH (Aspire For Her) a social startup had organized a webinar on “**Maximize Your Potential**” on **09th Nov 2021**.

The Resource persons are **Navya Nanda And Apurva Purohith**. **Navya Nanda** addressed the session by sharing steps to maximize the potential like Create a plan ,Do one thing at a time ,Don't forget to rest, Make life simpler etc and also highlighted the concept of life long learning, Raising your personal standards to higher levels helps you perform at higher levels. Everything you do must play to your strengths. If you're not challenging yourself, then you're not growing, and if you're not growing, then you won't change.

**Apurva Purohith** started the session by sharing a quote “ Never stop growing”, and explained the ways to maximize potential and accelerate results. Maximizing your potential essentially means getting more out of yourself in every situation. It means doing more in less time and achieving better results. And it's all about results. To attain higher level results, we need to first upgrade our self.

To maximize your potential, we also need to be willing to accept criticism and feedback. We need to then use that feedback to make improvements. To hold our self to our standards, we need to be tough on our self. The people who achieve massive success in life always hold themselves accountable. In fact, we continually challenge ourselves to work harder and do better.

**Dr. Bhagyashree S R, Chairperson Women Cell, Prof & Dean- Research, ATMECE,**  
Coordinators: Ms Lavanya N, Ms. Navya N , Students and Staff of ATMECE and other AFH  
Team Members attended the session.



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**Women Cell, ATME College of Engineering**  
in Association with  
**AFH(Aspire for Her)**  
is Organizing a Fireside Chat on  
Boardroom to Entrepreneurship

## Maximize Your Potential

**Resource Persons**

  
**Navya Nanda**

  
**Apurva Purohit**

<b>Sri. L Arun Kumar</b> <small>Chairman, ATMECE, Mysuru</small>	<b>Chief Patrons</b> <b>Sri. K Shivashankar</b> <small>Secretary, ATMECE</small>	<b>Sri. R Veeresh</b> <small>Treasurer, ATMECE</small>
<b>Patron</b> <b>Dr. Basavaraj L</b> <small>Principal, ATMECE, Mysuru</small>	<b>Program Convenor</b> <b>Dr Bhagyashree S R</b> <small>Chair Person, Women Cell ATMECE, Mysuru</small>	<b>Program Coordinators</b>
	<b>Navya N</b> <small>Asst Prof, Dept of EC</small>	<b>Lavanya N</b> <small>Asst Prof, Dept of CS</small>

**Date: 9th November 2021 | time: 4:30pm to 5:30 pm**  
**Link: <https://cutt.ly/xROfzlx>**

  
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